

Diversity Related Bibliography and Resources

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### Overview

This bibliography and resource material emerged out of a desire to increase integration of diversity materials into graduate and undergraduate psychology courses. Through collaboration with our local school's Diversity Committee and Diversity Action Team, we envisioned a resource easily usable and organized by topic that might allow faculty to insert chapters, articles, and websites into class discussions, assignments, and readings. We collected the resources from faculty who teach courses on multicultural and diversity issues or who integrated diversity into their graduate courses. We sought other sources of valuable diversity information, including APA resources, searched various academic databases including PsycINFO, and invited feedback from our local academic community, including students. The result is the present document, which we hope will continue to grow as more resources are recommended.

#### Who will Benefit from use of this Document?

Although this document was initially developed to help faculty, we believe that students will also gain value from the topical breakdown of the categories. It may help undergraduate or graduate students start their research on a particular multicultural or diversity topic. This resource in no way is meant as an "ultimate" guide; rather, it is a place to start when approaching the topics of diversity and multicultural, cross-cultural, or cultural psychology.

## **Increasing Focus on Diversity**

Increasingly accreditation organizations have recognized the importance of integrating diversity and cultural issues into psychology curricula. For example, the American Psychological Association (APA, 2002) released the *Guidelines on Multicultural Education, Training, Research, Practice, and Organizational Change for Psychologists* that encouraged psychologists to recognize the importance of diversity and multicultural issues in a variety of settings, including education and the classroom (Guideline #3). In 2005 Thomas wrote of the APA's increasing emphasis on diversity and multiculturalism. Similarly, professional organizations, such as APA's Division 2: Society for the Teaching of Psychology (STP, n.d.), have made recent commitments to the "integration of diversity into the curriculum." Awareness of issues of diversity and cultural difference have clearly penetrated the profession of psychology. Current professionals and future faculty, students, and researchers have inherited the

responsibility to continue the development of this awareness. We hope this document will help facilitate these efforts.

#### **Structure of the Document**

## Section 1: Multicultural, Cross-Cultural, and Cultural Psychology

This section focuses on culture and includes topics in emotion, world view, gender, communication, health care, and more.

### **Section 2: Ethnicity and Race**

This section focuses on ethnicity, race, and issues relating to racism, ethnocentrism, and ethno-cultural differences. Topics are arranged by ethnic group.

## **Section 3: Additional Diversity Topics**

This section includes additional diversity topics such as age, religion, sexual orientation, gender, class, and power. This section also includes readings on teaching diversity.

## Section 4: Five must reads for those beginning

This section provides five texts that we consider a good place to start.

## **Section 5: Websites**

This section includes links to important websites that are good resources for various diversity topics.

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American Psychological Association (August, 2002). *Guidelines on multicultural education, training, research, practice, and organizational change for psychologists.* Retrieved December 6, 2007 from

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Society for the Teaching of Psychology (n.d.). Society for the teaching of psychology diversity committee: Purpose and goals. Retrieved December 6, 2007 from <a href="http://www.teachpsych.org/page-1537443">http://www.teachpsych.org/page-1537443</a>

Thomas, H. (2005). Diversity's unmet needs. *Monitor on Psychology*, *36*(8), 37. Retrieved December 6, 2007 from http://www.apa.org/monitor/sep05/itpi.html

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### Section 1: Multicultural, Cross-Cultural, and Cultural Psychology

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Cultural Diversity and Ethnic Minority Psychology Cultural Diversity and Mental Health

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#### **Journals**

Gay Community News: The National Queer Progressive Quarterly

Gender & Psychoanalysis

Journal of Bisexuality

Journal of Homosexuality

Journal of Gay & Lesbian Psychotherapy

Journal of Gay, Lesbian, and Bisexual Identity Journal of the Gay and Lesbian Medical Association Studies in Gender and Sexuality The Gay and Lesbian Review Worldwide

# Religious and Spiritual Diversity

- Note: In addition to general spiritual issues, one of the foci of this section is Islam. Due to recent socio-political events, understanding Islam has become important, resulting in inclusion of these materials into the curriculum.
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Journal of the Institute of Muslim Minority Affairs The American Journal of Islamic Social Sciences

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# Section 4: Five must reads for those beginning

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### **Section 5: Websites**

APA Div. 27 (Society for Community Research and Action): <a href="http://www.scra27.org/">http://www.scra27.org/</a>

APA Div. 33 (Intellectual and Developmental Disabilities):

http://www.apa.org/divisions/div33/homepage.html

APA Div. 35 (Society for the Psychology of Women):

http://www.apa.org/divisions/div35/

APA Div. 36 (Psychology of Religion): http://www.apa.org/divisions/div36/

APA Div. 44 (Society for the Psychological Study of Lesbian, Gay and Bisexual Issues): <a href="http://www.apadivision44.org/">http://www.apadivision44.org/</a>

APA Div. 45 (Society for the Psychological Study of Ethnic Minority Issues):

http://www.apa.org/divisions/div45/

APA Div. 48 (Society for the Study of Peace, Conflict, and Violence):

http://www.webster.edu/peacepsychology/

APA Div. 51 (The Society for the Psychological Study of Men and Masculinity):

http://www.apa.org/divisions/div51/

APA Div. 52 (International Psychology): <a href="http://www.internationalpsychology.net/home/">http://www.internationalpsychology.net/home/</a>

Anti-Bullying Diversity Materials: http://www.diversityconversations.com/

Class Action – Building Bridges Across the Class Divide: <a href="http://www.classism.org/">http://www.classism.org/</a>

<u>DIVERSITY-TEACH-L@LISTSERV.BSU.EDU</u> – not a website, but a diversity

listserve. Send an email with "Subscribe" in the Subject and body to get their emails.

Human Rights Campaign <a href="http://www.hrc.org/">http://www.hrc.org/</a>

International Gay and Lesbian Human Rights Commission:

http://www.iglhrc.org/site/iglhrc/

Intersex Society of North America: <a href="http://www.isna.org/">http://www.isna.org/</a>

National Gay and Lesbian Task Force: www.ngltf.org

National Organization on Disability: http://www.nod.org/

Parents and Friends of Lesbians and Gays: http://www.pflag.org/

SF Gate GLBT Guide: http://sfgate.com/eguide/gay/pages/community.shtml

StirFry Seminars and Consulting: http://stirfryseminars.com/index.html

Straight Spouse Network: http://www.straightspouse.org/

Trans-Academics http://www.trans-academics.org/